

**Community Advisory Board Meeting  
September 27, 2022  
9:00am – 11:00am  
Zoom Conference Call**

**Participants**

<b>Name</b>	<b>Affiliation</b>	<b>CAB Role</b>	<b>Email Address</b>
Judi Patterson	Case Manager, Mental Health America	CAB Co-Chair	jpatterson@mhasd.org
Jamila K. Stockman	Associate Professor and Vice Chief, UC San Diego, Division of Infectious Diseases & Global Public Health	Director, Health Equity CAB	jstockman@health.ucsd.edu
Suzanne Afflalo	Director, Alliance Health Clinic Founder/CEO, A Healthier Me	CAB Member	suzanneafflalo@sbcglobal.net
Delilah Bayona	Team Lead, Community Health Improvement Partners (CHIP), San Ysidro Health	CAB Member	delilah.bayona@syhealth.org
Bryna Block	Associate Administrative Director, San Diego Center for AIDS Research	Admin Support	blblock@health.ucsd.edu
Chadwick Campbell	Assistant Professor, UC San Diego Herbert Wertheim School of Public Health and Human Longevity Science and Leadership Trainee, SD CFAR Health Equity and Sociobehavioral Science Core	CAB Member	ckc003@health.ucsd.edu
Danielle Campbell	UC San Diego, Division of Infectious Diseases & Global Public Health	CAB Member	dacampbe@health.ucsd.edu
Dallas Davis	Program Supervisor, Neighborhood House Association	CAB Member	drdavis@neighborhoodhouse.org
Liz Johnson	Administrative Director, San Diego Center for AIDS Research and the UC San Diego HIV Institute	CAB Member	liz@health.ucsd.edu
Wanda London	Community Education Specialist, LinkPositively Program UC San Diego	CAB Member	wlondon@health.ucsd.edu
Angelle Maua	Founder/CEO, Gender Phluid Collective	CAB Member	angelle.maua@gmail.com
Fatima Muñoz	Director of Research, San Ysidro Health	CAB Member	fatima.munoz@syhealth.org
Christina Williams	Program Manager, San Diego Center for AIDS Research	CAB Member	c4williams@health.ucsd.edu

## **Commencement**

The CAB meeting began at 09:05 a.m.

## **Welcome from the Co-Chair and Director**

Ms. Judi Patterson and Dr. Jamila K. Stockman welcomed the group and facilitated introductions of leadership and participants. See attendee names, affiliations, and contact information above.

## **CFAR Announcements**

*Health Equity CAB Co-Chairs:* Dr. Stockman reported that a search announcement will be released for new Health Equity (HE) CAB Co-Chairs. Mr. James Jackson and Ms. Judi Patterson have guided the HE CAB in official and unofficial capacities since 2016. Both wish to remain active CAB members; however, they would welcome a transition to new CAB leadership. Dr. Stockman, Dr. Eileen Pitpitan, Mr. Jackson, and Ms. Patterson have prepared a draft announcement for review by the SD CFAR Administrative Core.

## **CFAR and CBO updates**

*Monkeypox (MPX) outreach and prevention efforts:* Dr. Stockman asked CAB members to share how their organizations are integrating MPX prevention, education, and other needs with their mission and outreach efforts.

Dr. Suzanne Afflalo reported that the County asked her to include MPX education and vaccines at a monthly health fair (more on this below). She will invite the County to set up MPX vaccination and education tables near the fair's COVID-19 vaccine station. If the County is unavailable at the next fair on Wednesday, October 5, all HE CAB members are invited to staff an MPX education table. Please contact Dr. Afflalo for details.

Ms. Delilah Bayona said San Ysidro Health provides MPX information along with their HIV education. Patients or community members who inquire about MPX are referred to the County.

Ms. Christina Williams noted via Zoom chat that the San Diego County Health Department has MPX vaccines available at the [Golden Hill Recreation Center](#), Tuesday-Saturday, 11am-6pm, for the next two to three weeks. Appointments may be scheduled at <https://myturn.ca.gov/>.

*Community health and resource fair:* Dr. Afflalo described a free Community Health and Resource Fair scheduled on the first Wednesday of each month in the parking lot of the [Jackie Robinson YMCA](#). These monthly events provide health screenings (blood pressure, diabetes, cholesterol, HIV) as well as free mammograms, food distribution, seasonal flu shots, and more recently COVID-19 testing, vaccines, and boosters. Mental Health America is on site to provide education and referrals, as are other community-based organizations. The San Diego Blood Bank is on site for donations, and the San Diego Humane Society is available to help pet owners. These fairs were started about five years ago by [A Healthier Me](#) and [Many Shades of Pink](#). The fairs primarily serve Black and Hispanic communities.

*Meeting of the Minds:* Ms. Patterson announced the annual Meeting of the Minds behavioral health conference and resource fair on Wednesday, October 12, from 8am-4pm at [Marina Village Conference Center](#). The [workshop schedule](#) has been posted, and Continuing Education hours will be available. [Marcella Lee](#), Channel 8 news anchor, will be the morning emcee for this event. [Registration and sponsorship opportunities](#) are still available.

**Research Agenda:** HIV prevention among Black gay and bisexual men in the context of social and structural inequities—Chadwick Campbell ([ckc003@health.ucsd.edu](mailto:ckc003@health.ucsd.edu))

Dr. Campbell is a new Assistant Professor in the UC San Diego Herbert Wertheim School of Public Health and Human Longevity Science. He is also the Leadership Trainee for the SD CFAR Health Equity and Sociobehavioral Science Core and a new HE CAB member.

Dr. Campbell's research is guided by his interests in HIV, stigma, marginalized communities, equity, and justice. He described Dr. Erving Goffman's stigma theory, which states that persons associated with a discredited attribute are rejected because of that attribute. As Dr. Campbell

explained, “It’s not the label; it’s what we attach to the label.” Stigma is both an individual and social process that takes many forms:

- Anticipated: expected discrimination, stereotyping, and prejudice
- Internalized: negative beliefs accepted and applied to oneself
- Enacted/experienced: direct experience of discrimination, stereotyping, and prejudice

For his doctoral research, Dr. Campbell studied stigma associated with HIV disclosure among gay/bisexual Black men living in Baton Rouge, Louisiana. HIV stigma contributes to non-disclosure, reduced adherence, avoidance of PrEP, and increased depression and anxiety. Initially, Dr. Campbell interviewed research participants in person, then by phone or online during the COVID-19 pandemic. This transition was a fortunate accident because participants disclosed more during remote interviews. Participants were mainly recruited by word-of-mouth.

Findings: Participants ranged from 18-56 years old, with an average age of 35. They had been diagnosed with HIV as recently as the previous four months or as long ago as 32.5 years. Dr. Campbell estimates that most were exposed to HIV within a few years of graduating high school. Most participants also had low incomes.

Participants’ narratives revealed a new model for HIV-associated stigma, including four interconnected, interdependent processes:

- *Social interactions*, including silence (not disclosing status), use of euphemisms for HIV, and/or gossiping about others’ status
- *Individual-level stigma*, including witnessed stigma, experienced stigma, or marginalization resulting from stigma
  - Some participants’ families were loving and supportive while simultaneously and unknowingly accepting and expressing HIV stigma.
- *Community-level stigma*, mainly based in inaccurate information shared by trusted authorities, such as teachers
- *Structural/institutional stigma* as defined and enforced through laws and policies, such as sending men to jail for failing to disclose their status

Current research: Dr. Campbell has two projects for which he would welcome HE CAB input.

- First, he is revising an *NIMH R21* application to expand on the stigma model introduced above. The goal of this project is to identify behaviors that characterize HIV stigma. When stigma can be defined and measured, interventions can be designed to prevent or stop it. This application will be resubmitted in January 2023.
- Second, he recently received an *SD CFAR Developmental grant* to study syndemic factors associated with HIV and COVID-19 in the Dallas/Houston area. He will conduct 30-40 interviews recruited from an existing cohort in a study currently led by Dr. Erik Storholm at SDSU. These interviews will focus on the effects of interconnected stressors including HIV, interpersonal violence, substance use, COVID-19 and other factors.

Dr. Campbell asked how to find recent HIV data in San Diego.

- Dr. Stockman offered to share contact information for Samantha Tweeten, an epidemiologist with San Diego County.
- Ms. Wanda London said the [AIDSvu website](#) usually has current data.

HE CAB feedback: CAB members commended Dr. Campbell’s presentation and appreciated his interest in stigma research.

- Ms. Patterson said Dr. Campbell will need to “hunt, peck, and prod” to obtain first-hand data in San Diego. She also noted the challenges faced by PWH released from prison and acclimating to their new lives. She is eager to work with Dr. Campbell to break the stigma cycle and address its mental health components.
- Ms. Danielle Campbell asked about structural racism. Dr. Campbell said structural racism was evident through such factors as poor public schools, inadequate health/sex education,

and economic fallout of disclosure (people losing work, losing homes, living in their cars). He looks forward to talking with Ms. Campbell.

- Mx. Angelle Maua said nonbinary/BIPOC/LGBTQ students face major challenges because they do not receive accurate sexual health information or essential screening and follow-up testing if they become sexually active before age 21. Mx. Maua asked the following questions:
  - How do we encourage gender-fluid people to come in for testing?
  - How can we collect more consistent information?
  - Do we need to partner with other counties?

Dr. Campbell did not have all the answers to Mx. Maua's questions but noted that incentivizing peers to distribute HIV test kits was an effective method. Unfortunately, test kits cost \$40-\$50 each, so funding is essential. Dr. Stockman reported that CDC representatives recently said plans are "in the works" to make HIV test kits more accessible/affordable. Dr. Campbell would be happy to discuss test-kit funding with Mx. Maua.

**SD CFAR Community Research Kick Start Grant:** Brainstorming session—Danielle Campbell ([dacampbe@health.ucsd.edu](mailto:dacampbe@health.ucsd.edu))

*Introduction:* [SD CFAR Community Research Kick Start Grants](#) are designed to promote new research ideas and collaborations and/or increase capacity building through workshops, planning meetings, symposia and other activities. Priority will be given to applications that align with the research priorities of [SD CFAR](#), the [NIH Office of AIDS Research](#), and recent NIH health equity funding opportunity announcements ([RFA-DA-23-024](#) and [RFA-DA-23-023](#)).

Community Research Kick Start Grant funding ranges from \$500-\$7,500. Applications are due Monday, November 7, and awards will be announced by Thursday, December 1.

Ms. Campbell asked, "What gaps in research can we come together to address?" Two options were discussed:

- *Listening sessions with SD CFAR scientists and community members* to develop relationships and define a health equity research agenda. CAB members could define the topics addressed and determine the format based on current COVID-19 risks or other factors.
- *Key informant interviews with persons at risk for HIV across diverse populations* (BIPOC and Hispanic, gay, bisexual, transgender). Two or three persons from each population could be interviewed in one-day events that would begin with guest presentations at schools and community resource centers. Participants would be offered compensation and HIV testing. Follow-up would be a critical component and a long-term outcome. Participants *and their communities* need to know that outreach will continue long after the initial events.

Ms. Campbell noted that each option would address disparities and care among marginalized groups in San Diego. Dr. Stockman asked CAB members to consider the following:

- Which SD CFAR/NIH research priorities align with each option?
- What are the deliverables and outcomes?
- What are the implications?
- What are the end results? New grant submissions? Improvements to existing services?

Dr. Stockman asked members to form a subcommittee to meet with Ms. Campbell at least twice before the submission due date. Ms. London and Mx. Maua volunteered. Others who wish to participate are asked to contact Ms. Williams in the SD CFAR Administrative Core. Ms. Campbell also plans to invite participation from other SD CFAR CABs, including the Transgender/Non-binary CAB. Ms. Williams was asked to prepare an invitation summarizing this discussion to be shared with other CABs.

**Open Discussion**

Ms. Campbell is recruiting Black women living with HIV for the [LinkPositively](#) study of a mobile phone health application. She is also working on a fellowship involving syndemics of interpersonal violence and sexual abuse. She requested outreach referrals to Black cisgender and transgender women living with HIV in Los Angeles, Oakland, and San Francisco.

The next CAB meeting will be Tuesday, November 29, 2022, from 9-11am.

**Adjournment**

Meeting adjourned at 10:50 a.m.