

**Community Advisory Board Meeting  
November 17, 2020  
9:00am - 11:00am  
Zoom Conference Call**

**Participants**

Name	Affiliation	CAB Role	Email Address
James Jackson	Western & Southern Life	CAB Chair	<a href="mailto:jjackson2@hotmail.com">jjackson2@hotmail.com</a>
Judi Patterson	Case Manager, Mental Health America	CAB Co-Chair	<a href="mailto:jpatterson@mhasd.org">jpatterson@mhasd.org</a>
Jamila K. Stockman	Associate Professor and Vice Chief, UC San Diego, Division of Infectious Diseases & Global Public Health	Director, Disparities Core and CAB	<a href="mailto:jstockman@health.ucsd.edu">jstockman@health.ucsd.edu</a>
Kiyomi Tsuyuki	Assistant Professor, UC San Diego, Division of Infectious Disease & Global Public Health, UC San Diego	CAB Member	<a href="mailto:ksuyuki@health.ucsd.edu">ksuyuki@health.ucsd.edu</a>
Janine V. Lopez	UC San Diego, Division of Infectious Diseases & Global Public Health	Research Associate, Disparities Core	<a href="mailto:jvlopez@health.ucsd.edu">jvlopez@health.ucsd.edu</a>
Alexandra Fernandez-DeSoto	UC San Diego, Division of Infectious Diseases & Global Public Health	Research Associate, Disparities Core	<a href="mailto:alf013@health.ucsd.edu">alf013@health.ucsd.edu</a>
S. Giovanna Carr	UC San Diego, Division of Infectious Diseases & Global Public Health	Clinical Interventionist, Disparities Core	<a href="mailto:s3carr@health.ucsd.edu">s3carr@health.ucsd.edu</a>
Dallas Davis	Program Supervisor, The Neighborhood House Association	CAB Member	<a href="mailto:drdavis@neighborhoodhouse.org">drdavis@neighborhoodhouse.org</a>
Suzanne Afflalo	Medical Director, Alliance Health Clinic	CAB Member	<a href="mailto:suzanneafflalo@sbcglobal.net">suzanneafflalo@sbcglobal.net</a>
Ilana Goldberg	Senior Program Manager, San Ysidro Health	CAB Member	<a href="mailto:igoldberg@syhealth.org">igoldberg@syhealth.org</a>
Janel King	Marriage & Family Therapist, Urban Restoration Counseling Center	CAB Member	<a href="mailto:jking@mhasd.org">jking@mhasd.org</a>
Rebecca Zipfel	Program Supervisor, San Ysidro Health	Guest	<a href="mailto:Rebecca.zipfel@syhc.org">Rebecca.zipfel@syhc.org</a>
Delilah Bayona	CHIP Team Lead, San Ysidro Health	Guest	<a href="mailto:delilah.bayona@syhealth.org">delilah.bayona@syhealth.org</a>
Maria Outcalt-Smith	Director of Sexual Assault Services, Center for Community Solutions	Guest	<a href="mailto:moutcalt-smith@ccssd.org">moutcalt-smith@ccssd.org</a>
Wanda London	Community Member	Guest	<a href="mailto:london.wanda@yahoo.com">london.wanda@yahoo.com</a>

Melanie Barker	UC San Diego Pre-Doctoral Fellow, Division of Infectious Diseases & Global Public Health	Guest	<a href="mailto:mbarker@ucsd.edu">mbarker@ucsd.edu</a>
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## **Commencement**

The CAB meeting began at 09:00 a.m.

### **Welcome from CAB Chair & Co-Chair and Introductions**

Mr. James Jackson and Ms. Judi Patterson Disparities Core CAB Chair and CAB Co-Chair, Dr. Jamila K. Stockman, Director Disparities Core CAB, welcomed the group and facilitated introductions of leadership and participants via Zoom video conference. See attendee names, affiliations, and contact information above.

### **2020 National CFAR Meeting: Community Symposium**

Dr. Jamila K. Stockman provided an update on the Community Symposium Planning for the 2020 National CFAR Meeting. The 2020 National CFAR Meeting was held from November 2-6, 2020. The Community Symposium day was held on November 3, 2020 at 9:00 am PST. Dr. Stockman noted presentations and panel discussions on Border Health Issues, HIV Prevention with a PrEP focus, Retention in Care, and Ending the HIV Epidemic Initiative occurred during the Community Symposium Day. A speaker presented on each topic and the panel responded to questions posed. She stated there was a sizable number of individuals who attended the meeting, approximately 150 participants. The Community Symposium closed out in breakout rooms with discussion topics that included: Faith and Spirituality, Border Health Issues, etc. Dr. Stockman stated there are recordings of the symposium that will be uploaded soon and DCAB members will be informed when the links are available.

Mr. James Jackson wanted to thank Bryna Block, Elizabeth Johnson, and Dr. Suzanne Afflalo for helping with the National CFAR Meeting and the Community Symposium.

### **Center for Community Solutions**

Dr. Jamila K. Stockman introduced Ms. Maria Outcalt-Smith, Director of Sexual Assault Services at the Center for Community Solutions (CCS) to present on the services offered at CCS. Dr. Stockman explained the intersections of HIV and sexual assault.

Center for Community Solutions is a dual agency and they provide services to survivors of domestic violence and sexual assault in San Diego County. CCS also provides services for those in correctional facilities in the county of San Diego.

#### *Locations*

- Pacific Beach
- El Cajon
- Escondido
- 7 College Campuses (City College, Miramar, Mesa, Palomar)
- El Cajon Courthouse
- Vista Courthouse
- Hidden Valley House (North County)
- Project Safe House (East County)
- Next Step North
- Next Step East

#### *CCS Services*

- Free
- Confidential
- Multilingual
- Survivor Centered
- Trauma Informed
- 24/7 Hotline

- Advocacy Services
- Counseling Services
- Legal Services
- Shelter Services
- Prevention and Education Services
- CCS also services survivors of all immigration statuses, gender identities, orientations, relationship styles, religions, abilities, and other identities

Ms. Maria Outcalt-Smith noted the 24-hour hotline is the most used service as it provides 24 hr/7-day access to brief support, safety planning, and resource referrals.

#### *Sexual Assault Advocacy*

##### **SART: Sexual Assault Response Team**

- 24-hour emergency response to forensic exams
- Crisis intervention and emotional support
- Connection to resources, information about rights and options
- Also, DAFE – Domestic Assault Forensic Exam

##### **SAVA: Sexual Assault Victim Advocates**

- Ongoing advocacy throughout criminal and civil legal cases
- Crisis intervention and emotional support
- Connection to resources, information about rights and options
- Accompaniment to court, law enforcement, and domestic assault interviews
- Connection to CCS Legal and Counseling Services

#### *IPV Advocacy & Legal Services*

- Connection to resources, information about rights and options
- Support with restraining orders and legal consultations for issues that arise in connection to sexual assault, IPV, or stalking
  - Example: breaking a lease, custody questions, employee rights
- Accompaniment to court, law enforcement, and DA interviews
- Occasional direct representation on civil matters
- Referrals for assistance with immigration law and other civil legal matters

#### *Counseling*

- Short-term specialized treatment for trauma related to sexual assault and relationship violence.
- Individual therapy (18+ years of age)
- Couples therapy
- Family therapy
- Child therapy (6-17 years of age)
- Group therapy

#### *CHAT Program*

- Minors ages 6-17 years old
- Direct victims or witness to: Domestic violence, sexual abuse, emotional abuse, neglect, or witness to violent crime
- Therapy: under age 6, will be referred out; over age 12, may seek services on their own
- Advocacy: Individualized education program assistance, court accompaniment, parent education, referrals.

#### *Emergency Housing*

- Residential Emergency Shelters (28 days)
  - Project Sage House – 15 beds, East County

- Hidden Valley House – 35 beds, North County Inland
- Children's activities, adult workshops, therapy, support and crisis intervention
- Connection to services and resources
- Long-term Shelter (12-18 months)
  - From emergency shelter back to independent living
- Next Step East
  - 4 beds (1 unit at Project Sage House)
- Next Step North
  - 16 beds (4 units)

#### *Prevention and Education*

- Interactive consent and healthy relationships education for ages 5 – adult
- At Juvenile Court and Community Schools, Camp Barrett and other youth detentions, rural areas, parents, and teachers
- Customized training for professionals
- Community outreach and events

#### *Service Standards for Operations of Rape Crisis Centers*

##### CA State Standards

- Sexual Assault Victim Counselor Status
- Diversity in staff, volunteers, and board
- Training curriculum – approved by California Governor's Office of Emergency Services
- Human Relations training

##### Services Required by Rape Crisis Centers

- 1<sup>st</sup> Contact/Crisis Intervention Services
- Follow-up Services
- Individual Counseling Services
- Group Counseling Services
- Accompaniment Services
- Advocacy Services
- Information and Referral
- Community Education Programs

#### **CHIP: Comprehensive High Impact Prevention (CDC-Funded Grant)**

Ms. Rebecca Zipfel and Ms. Delilah Bayona introduced San Ysidro Health's CHIP program, a Center for Disease Control and Prevention funded program for young gay men living in Southern San Diego.

#### *CHIP Overview Pre-COVID*

- HIV Testing – They have a mobile unit that is dispersed throughout San Diego
  - Provided to anyone who would like a test
- Mpowerment
  - Empowerment based intervention with a focus on the social aspect
  - Social support network for men who want to participate
  - Small discussions to bigger events
- Counseling for HIV+
  - CLEAR – Choosing Life Empowerment Action Results
  - Counseling sessions to assist in what individuals want to achieve in life
  - Establishing short and long-term goals
- Outreach and Education
- Collaborations
- Referrals

#### *CHIP Overview Post-COVID*

- At Home-Self Testing
  - HIV testing delivered to the home
  - Free at home testing
  - Appropriate referrals and next steps are done over the phone
- Health education is delivered over the phone
- Difficulties faced include: Recruitment of individuals. Facebook ads have been utilized to assist with this challenge.
- Discord, a social media discussion platform, was utilized by participants of CHIP as way to communicate with one another while abiding COVID-19 protocol. In addition, participants were able to socialize and plan socially distant gathering using this platform.

#### *Key Successes to Take Forward*

- Social media
- Responding to the needs of your members
  - “meet them where they are at”
- Options for HIV testing
- Positive feedback from patients/members regarding the services provided

#### **Open Discussion:**

Mr. James Jackson gave his thanks to Maria Outcalt-Smith, Delilah Bayona, and Rebecca Zipfel for their presentations. He made note that it is great the CHIP program allows for young people's voices to be heard. Dr. Jamila K. Stockman also gave her thanks to the presenters.

Mr. James Jackson stated the open discussion is for any discussion topics who would like to share any issues, comments, or updates to the Disparities CAB. Mr. Jackson asked the group who is attending the Disparities Core CAB meeting for the first time. Ms. Rebecca Zipfel noted it is her first time joining the CAB meeting.

San Ysidro Health and Centers for Community Solution is on the CFAR Disparities Core Resource List.

Dr. Jamila K. Stockman gave her thanks to Ms. Alexandra Fernandez-DeSoto for her assistance during the National CFAR Disparities Core Symposium preparation.

#### **Adjournment**

Meeting adjourned at 10:45 am